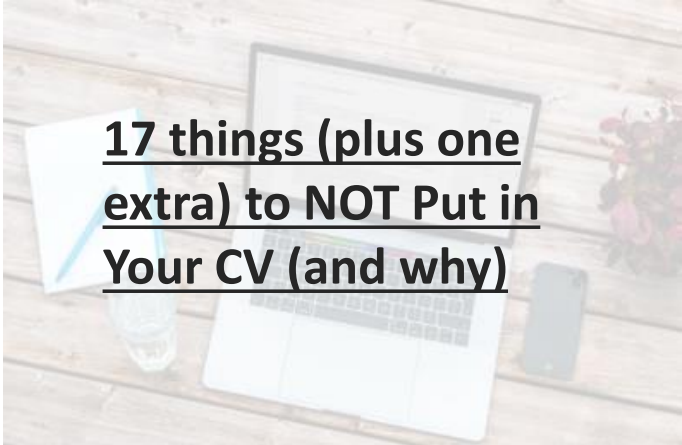




Job Hunter's Toolkit



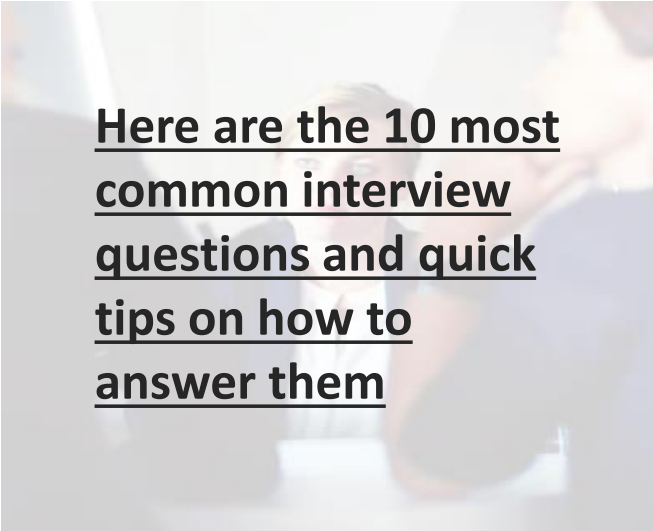
Job interview information at your fingertips



17 things (plus one extra) to NOT Put in Your CV (and why)



How to Succeed in Phone & Video Interviews



Here are the 10 most common interview questions and quick tips on how to answer them

It is an unsettling time but many businesses are still recruiting and onboarding new employees remotely, so don't give up your hunt for a new job.

People First would like to give you useful tips for handling interview questions, succeeding in video interviews and writing your CV.

Please click on the 4 thumbnails for further information.

Contact your People First consultants

Multilingual Team: language@people-first.co.uk

Supply Chain Team: register@people-first.co.uk

Team Japan: teamjapan@people-first.co.uk

Team China: teamchina@people-first.co.uk

peoplefirst



The length of time we have been on lockdown has been longer than any of us would have liked so far and adjusting to our new way of living for an extended period whether we're working, on furlough or looking for a new job can be difficult.

We have an article with tips and ideas on how to handle the change so you can keep your work life as close to normal as possible but also ensure you and your relationships with others stay healthy too, please [click here](#) to read in full.



DEVELOPMENT

Upskilling courses

While you're on lockdown use the time to improve your professional skills or learn new ones that will help you in your career. Many people are using the extra time they have available, now the daily commute is no more, to upskill; why not learn a language, improve your I.T. skills, study for industry qualifications, hone your presentation skills, etc? Now's your opportunity!
To see upskilling courses and improve your career prospects [click here](#).



But if you want to forget all about work and do something completely different like online yoga, learn ballet, see the world's greatest museums and art galleries, learn to draw, connect with nature, do origami, explore a 5000 year old Egyptian tomb... Anything and everything! [Click here.](#)

